



**Medical Education Unit**  
**Index Medical college, Hospital &**  
**Research Centre, Indore**

Ref. No.: IMCHRC/MEU/2019/16

Date: - 17/05/2019

**OFFICE ORDER**

With great pleasure, it is to inform that MET Revised Basic Course workshop is being scheduled at our own institute on 3<sup>rd</sup> to 5<sup>th</sup> June 2019, Monday to Wednesday, from 9 A.M. to 5 P.M.

This training will be under supervision of MCI observer & MCI regional Centre for Medical Education Technologies, Sri Aurobindo Institute of Medical Sciences, Indore as per the program and guidelines of MCI.

It is mandatory to attend the training. All the listed members are requested to attend all the sessions of this workshop. The list of the faculty members nominated for this training program is as follow-

**Department of Anatomy**

1. Dr. G.P.Pal
2. Dr. Bandita Medhi
3. Dr. Pawan Kumar Mahato
4. Dr. Uma Pandalai

**Department of Physiology**

5. Dr. Abhilasha Dutta
6. Dr. Shubhangi Mahashabde
7. Dr. A. V. Nayyar

**Department of Biochemistry**

8. Dr. Shreya Nigoskar
9. Dr. Amrita Vamne
10. Mr. Arun Mishra

**Department of Pathology**

11. Dr. A. S. Saumya

**Department of Microbiology**

12. Dr. Agilan T. -
13. Dr. Rohit Kumar -

**Department of Pharmacology**

14. Dr. Poonam Patel
15. Dr. Murtuza Bohra
16. Dr. Akash Vishwe

**Department of Community Medicine**

17. Dr. Rashmi Bhujade
18. Dr. Nidhi Sankhla
19. Dr. Saumitra Sinha

**Department of Forensic Medicine**

20. Dr. Pankaj Nema

**Department of Medicine**

21. Dr. Pankaj Kumar

22. Dr. ~~Ashwini~~ Abha Pandit

**Department of Obst. & Gyn.**

23. Dr. Durga Sahu

**Department of Orthopedics**

24. Dr. Abhay Manchanda

**Department of Paediatrics**

25. Dr. Saurabh Piparsania

26. Dr. Naikey Minarey

**Department of Ophthalmology**

27. Dr. Supriya Mushriff


**Department of ENT**

28. Dr. Chhavi Agrawal

**Department of Surgery**

29. Dr. Sanjay Kumar Patidar

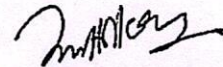
30. Dr. Ashwin Lazarus



(Dr. S. Bamne)

Coordinator Medical Education Unit  
Index Medical College, Indore

Cc:-

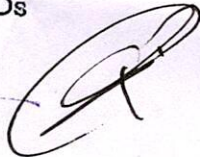


(Dr. S.M. Holkar)

Dean

Index Medical College, Indore

The Chairman/ Vice Chairman/Medical Superintendent  
All HODs



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Hospital & R.C., INDORE



Registrar  
Malwanchal University  
Indore (M.P.)

**INDEX MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE, INDORE  
(MP)-452016**

1. **3-5 JUNE 2019** -(list of participants):MCI/NMC OBSERVER:DR MRS S BOSE,CONVENOR,SAIMS,INDORE

There were total 29 participants

2. MET-(Curriculum Implementation Support Programme)CISP-1- Index Medical College Hospital & research Center (under aegis of MCI-RC, SAIMS, Indore) 6-8 JUNE 2019 (list of participants):MCI/NMC OBSERVER:DR MRS S BOSE ,CONVENOR,SAIMS,INDORE

There were total 30 participants

3.MET-(Curriculum Implementation Support Programme)CISP- 2-Index Medical College Hospital & research Center (under aegis of MCI-RC, SAIMS, Indore)7-8 September 2020 -list of participants:MCI/NMC OBSERVER:DR OBSERVER MRS CHHAYA GOYAL,PROFESSOR & HOD,DEPT OF PHARMACOLOGY,SAIMS,INDORE

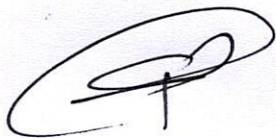
There were total 30 participants

4. Revised Basic Course Workshop (rbcw-2) & training in AETCOM IN MET Index Medical College Hospital & research Center (under aegis of NMC-RC, SAIMS, Indore) 22-24 JULY 2021 --- List of participants:MCI/NMC OBSERVER:DR NITIN NEMA,PROFESSOR,DEPT OF OPHTHALMOLOGY,SAIMS,INDORE

There were total 30 participants

5. Revised Basic Course Workshop (rbcw-2) training in AETCOM IN MET Index Medical College Hospital & research Center (under aegis of NMC-RC, SAIMS, Indore) 12-14 OCTOBER-2021 --- MCI/NMC OBSERVER:DR MRS S BOSE,CONVENOR,SAIMS,INDORE

There were total 26 participants



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## **Report: On Revised Basic Course (rbcw-2) Training in AETCOM**

**INDEX MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE, INDORE  
(MP)-452016**

**On 3-5 JUNE 2019, Revised Basic Course Workshop (rbcw-2)  
training in AETCOM IN MET conducted in this college under  
MCI/NMC OBSERVER: DR MRS S BOSE, CONVENOR, SAIMS, INDORE**

There were total 29 participants.

It was total three days programme.

Following Were The Resource Faculties

1. Dr. Prem Nyati, Professor of Pharmacology
2. Dr. Swari Prashant, Professor of Paediatrics
3. Dr. S.N. Bamne, Professor of Physiology
4. Dr. Harshda Shah, Professor of Microbiology
5. Dr. Arun Saxena, Professor of Pathology
6. Dr. Rahul Tanwani, Professor of Surgery
7. Dr. Romi Srivastava, Associate Professor of Pathology

On 1<sup>st</sup> day,

Started with registration of participants, and pre-test.

After which it is followed by welcome to the MCI- observer and introduction to faculties and resource faculties.

Programme started with prayer to almighty god for the success of this session and entire workshop.

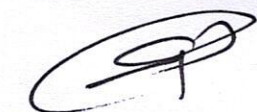
Session started with ice breaking and concepts of group dynamics and benefits and importance of team based functioning in teaching and learning, which was followed by group activity, after which one member from all the groups presented the activity.

This was followed by lecture on principles of adult learning, differences between pedagogy andragog and discussion on systems approach for instructional design (input-process-output).


After which there was tea break.

Next session was on goals, roles and competence in context with competency based medical education (CBME).

The principles of competency based medical education were discussed along with definitions of goal, role and competency and their relationship



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between each other. The differences between traditional and CBME were also discussed.

It was followed by a short session on Indian medical graduates and their sensitization to the goals, roles and global competencies developed by the MCI/NMC.

The next session was on learning domains and progression of learning in which the various learning domains were classified and defined. The basic understanding of hierarchy of knowledge progression were also discussed.

This was followed by lunch.

Post lunch, session on competencies and objectives was taken where the differences between the two terms, importance and writing of specific learning objectives (SLO), along with developing objectives from competencies and linking learning and assessment with competencies were discussed in detail.

Which was followed by workshop for making/formulating specific learning objectives (SLO) from given competencies.

After which there was tea break.

Last lecture of day was introduction to assessment where the types of assessment, detailed discussion on principals of assessment and utility of assessment were explained.

On 2<sup>st</sup> day,

Started with the workshop on choosing the appropriate teaching -learning method for the various SLO's (prepared by the participants on previous day), this was followed by tea break.

The next session was on Interactive and Innovative teaching methods including Large Group (Demo), Small Group (with demo) and appropriate use of media, where use the principles of interactive learning in a large group, small group and choosing appropriate media for a given learning session were discussed in detail.

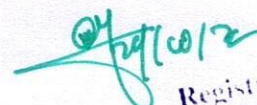
The next session was on writing and developing a lesson plan appropriate to the objectives and teaching learning method, it was followed by lunch.

Immediately after the lunch, there was group photo with all the participants and resource faculties with the MCI-observer.

Post lunch detailed session on assessment planning and quality assurance was taken where writing/formulating an appropriate an essay question, short answer question and appropriate MCQ's where discussed.



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Followed by tea break, after which a session on internal assessment and formative assessment and development on a plan for the same.

On 3<sup>rd</sup> day,

The first session started with detailed discussion on AETCOM module, how to use the AETCOM module and demonstrating the ability to write the reflection and narrative on AETCOM module in our college.

Next session was a continuation of the workshop on competency and SLO where the right assessment method for a given objective and competency and their learning method were chosen.

This was followed by tea break.

A detailed discussion on effective clinical and practical skill teaching was there, where how to teach skills effectively at the workplace and how to use skill lab were discussed.

The session was followed by assessment on clinical and practical skills, in which using a skill lab to assess the competency in skills and designing the skills assessment station was discussed.

This was followed by lunch break.

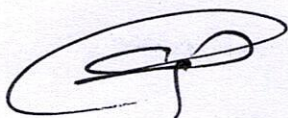
The same session was continued after the lunch.

The next lecture was on self directed learning (SDL), how to promote SDL in students and using technology in improving SDL.

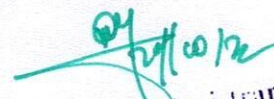
There was tea break followed by which a session on providing effective feedback to the students was taken.

The last session of three day workshop was on educational networking for growth for understanding avenues for growth in education and to create networks in education.

This was followed by post test, structured feedback, vote of thanks and distribution of certificate to participants.



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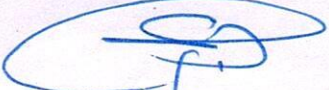
MET Revised Basic Course Workshop  
Index Medical College Hospital & research Center (under aegis of MCI-RC, SAIMS, Indore) 3-5  
JUNE 2019  
-(list of participants)

Sr. No.	Name of Participant	Designation	Department	Any other information
1	Dr. G.P.Pal	Professor	Anatomy	
2	Dr. Pawan Kumar Mahato	Assist. Professor	Anatomy	
3	Dr. Uma Pandalai	Assist. Professor	Anatomy	
4	Dr. Abhilasha Dutta	Associate Professor	Physiology	
5	Dr. Shubhangi Mahashabde	Assist. Professor	Physiology	
6	Dr. A.M.Nayyar	Assist. Professor	Physiology	
7	Dr. Garima Shrivastava	Assist. Professor	Physiology	
8	Dr. Shreya Nigoskar	Associate Professor	Biochemistry	
9	Dr. Amrita Vamne	Associate Professor	Biochemistry	
10	Dr. Arun Mishra	Assist. Professor	Biochemistry	
11	Dr. A.S.Saumya	Assist. Professor	Pathology	
12	Dr. Agilan T	Assist. Professor	Microbiology	
13	Dr. Rohit Kumar	Assist. Professor	Microbiology	
14	Dr. Poonam Patel	Associate Professor	Pharmacology	
15	Dr. Akash Vishwe	Assist. Professor	Pharmacology	
16	Dr. Swati Chavan	Assist. Professor	Pharmacology	

  
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17	Dr. Sangeeta Kori	Associate Professor	Community Medicine	
18	Dr. Rashmi Bhujade	Assist. Professor	Community Medicine	
19	Dr. Nidhi Sankhala	Assist. Professor	Community Medicine	
20	Dr. Pankaj Kumar	Associate Professor	Medicine	
21	Dr. Abha Pandit	Associate Professor	Medicine	
22	Dr. Abhay Manchanda	Professor	Orthopedics	
23	Dr. Anuradha Jain	Associate Professor	Paediatrics	
24	Dr. Saurabh Piparsania	Assist. Professor	Paediatrics	
25	Dr. Naikey Minarey	Assist. Professor	Paediatrics	
26	Dr. Sonalee Mittal	Associate Professor	Ophthalmology	
27	Dr. Supriya Mushriff	Assist. Professor	Ophthalmology	
28	Dr. Sanjay Patidar	Associate Professor	Surgery	
29	Dr. Ashwin Lazarus	Assist. Professor	Surgery	
30	<b>Dr. Prem Nyati</b>	<b>Professor</b>	<b>Pharmacology</b>	<b>Resource faculty</b>
31	<b>Dr. Swari Prashant</b>	<b>Professor</b>	<b>Paediatrics</b>	<b>Resource faculty</b>
32	<b>Dr. S.N. Bamne</b>	<b>Professor</b>	<b>Physiology</b>	<b>Resource faculty</b>
33	<b>Dr. Harshda Shah</b>	<b>Professor</b>	<b>Microbiology</b>	<b>Resource faculty</b>
34	<b>Dr. Arun Saxena</b>	<b>Professor</b>	<b>Pathology</b>	<b>Resource faculty</b>
35	<b>Dr. Rahul Tanwani</b>	<b>Professor</b>	<b>Surgery</b>	<b>Resource faculty</b>
36	<b>Dr. Romi Srivastava</b>	<b>Professor</b>	<b>Pathology</b>	<b>Resource faculty</b>

  
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**Medical Education Unit**  
**Index Medical college, Hospital &**  
**Research Centre, Indore**

Ref. No.: IMCHRC/MEU/2019/14

Date: - 13/05/2019

**OFFICE ORDER**

With great pleasure, it is to inform that training of CISP (Curriculum Implementation Program) for the faculty members of Index Medical College, Indore is scheduled on 6th, 7th and 8th June 2019 subject to confirmation by MCI.

This training will be under supervision of MCI observer & MCI regional Centre for Medical Education Technologies, Shri Aurobindo Institute of Medical Sciences, Indore as per the program and guidelines of MCI.

The list of the faculty members of our institute eligible for this training program is given below. They are the faculty who have received Basic / revised basic course workshop training. Any other faculty if qualify for the training should immediately report to MEU of our institute. The list will be finalized after approval of the MCI. All the listed members are requested to please attend this training, which is going to be mandatory for the medical faculty.

List of eligible faculty from our institute is as follow:

**Department of Anatomy**

1. Dr. Anjali Prasad
2. Dr. Avantika Bamne
3. Dr. Monali Hiwarkar

**Department of Physiology**

4. Dr. Manila Jain

**Department of Pathology**

5. Dr. S. K. Nema
6. Dr. Sanjeev Narang
7. Dr. Arun Saxena

**Department of Microbiology**

8. Dr. Harshada Shah
9. Dr. Sadhvi Parashar

**Department of Pharmacology**

10. Dr. Suraj Tripathi

**Department of Community Medicine**

11. Dr. V. K. Arora
12. Dr. Jayshri Bute
13. Dr. Aarti Sahasrabudhe

**Department of Medicine**

14. Dr. Sudhir Mourya
15. Dr. B. Khanam

**Department of Anaesthesia**

16. Dr. Sangita Agrawal

**Department of Orthopedics**

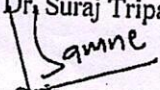
17. Dr. R. S. Saluja

**Department of Dermatology**

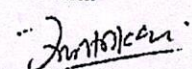
18. Dr. Parikshit Sharma

**Department of Radiodiagnosis**

19. Dr. Kumud Julka

  
(Dr. S. Bamne)

Coordinator Medical Education Unit  
Index Medical College, Indore

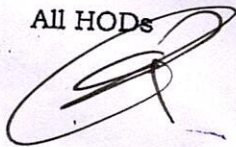
  
(Dr. S.M. Holkar)

Dean  
Index Medical College, Indore

Cc:-

The Chairman/ Vice Chairman/Medical Superintendent

All HODs



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**Report : On Curriculum Implementation Support Programme  
(CISP-1)**

**INDEX MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE, INDORE  
(MP)-452016**

MET-(Curriculum Implementation Support Programme)CISP-1- Index  
Medical College Hospital & research Center (under aegis of MCI-RC,  
SAIMS, Indore) 6-8 JUNE 2019 (list of participants):MCI/NMC  
OBSERVER:DR MRS S BOSE ,CONVENOR,SAIMS,INDORE

There were total 30 participants

Following Were The Resource Faculties

- 1.Dr. Prem Nyati, Professor of Pharmacology
- 2.Dr. Swari Prashant, Professor of Paediatrics
3. Dr. S.N. Bamne, Professor of Physiology
4. Dr.Rahul Tanwani, Professor of Surgery
5. Dr. Romi Srivastava, Professor of Pathology

On 1<sup>st</sup> day,

Started with registration of participants, and pre-test.

Programme started with prayer to almighty god for the success of this session and entire workshop.


After which it is followed by welcome to the MCI- observer and introduction to faculties and resource faculties, ice breaking session.

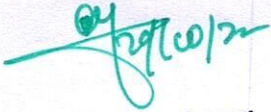
Next session was on goals, roles and competence in context with competency based medical education (CBME).

The principles of competency based medical education were discussed along with definitions of goal, role and competency and their relationship between each other. The differences between traditional and CBME were also discussed.

After which there was tea break.

It was followed by a session on Indian medical graduates and their sensitization to the goals, roles and global competencies developed by the MCI/NMC. How to link national health needs to competencies and objectives was also discussed.

  
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Next, session on competencies and objectives was taken where the differences between the two terms, importance and writing of specific learning objectives (SLO), along with developing objectives from competencies and linking domains of learning with competencies were discussed in detail by using the competency sheet.

Which was followed by workshop/hands on experience for making/formulating specific learning objectives (SLO) from given competencies, proper alignment and discussion on relevant teaching-learning methods. This was followed by lunch.

Post lunch session on proposed changes in graduate medical education regulations (GMER-2019) was taken where the time frame, training methods, integration, assessment, new additions like foundation course and formative feedback was discussed.

After which there was tea break.

Post tea sessions were interactive sessions on electives, foundation course-concept, component, timeframe and examples and AETCOM module-purpose, mission and objectives and booklet review.

On 2<sup>nd</sup> day,

The first session was on early clinical exposure where the concepts and framework of the same were discussed followed by group activity.

It was followed by tea break, after which session on integration where the concepts and framework using examples from competency table was discussed.

This was followed by lunch.

Post lunch session was on Aligning & integrating competencies- Designing time table

This was followed by tea.

Last session of the day was on skills training where a group activity on competency acquisition and skills lab were organized.

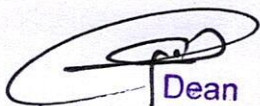
On 3<sup>rd</sup> day,


The first session was on assessment in CBME, where principles as relevant to CBME and various assessment methods were discussed which was followed by group activity on Aligning assessment to competency objectives & TLM

This was followed by tea, which was further followed by sessions on learning resource materials and curricular governance.

This was followed by lunch, followed by session on 'the road ahead, where discussion on training and faculty development was there.

Which was followed by feedback from participants- Program evaluation and feedback on implementation, open house and valedictory.


  
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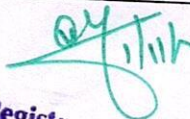
  
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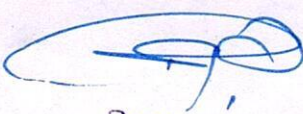
MET-CISP- Index Medical College Hospital & research Center (under aegis of MCI-RC, SAIMS, Indore) 6-8 JUNE 2019 (list of participants)

Sr. No.	Name of Participant	Designation	Department	Any other information
1	Dr. G.P.Pal	Professor	Anatomy	
2	Dr. Avantika Bamne	Asso. Professor	Anatomy	
3	Dr. Pawan Kumar Mahato	Assist. Professor	Anatomy	
4	Dr. Uma Pandalai	Assist. Professor	Anatomy	
5	Dr. Manila Jain	Professor	Physiology	
6	Dr. Abhilasha Dutta	Associate Professor	Physiology	
7	Dr. Shubhangi Mahashabde	Assist. Professor	Physiology	
8	Dr. A.M . Nayar	Assist. Professor	Physiology	
9	Dr. Garima Shrivastava	Assist. Professor	Physiology	
10	Dr. Shreya Nigoskar	Associate Professor	Biochemistry	
11	Dr. Amrita Vamne	Associate Professor	Biochemistry	
12	Dr. Arun Mishra	Assist. Professor	Biochemistry	
13	Dr. S.K. Nema	Professor	Pathology	
14	Dr. Sanjeev Narang	Professor	Pathology	
15	Dr. Arun Saxena	Professor	Pathology	
16	Dr. Harshda Shah	Professor	Microbiology	

  
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17	Dr. Sadhvi Parashar	Associate Professor	Microbiology	
18	Dr. Suraj Tripathi	Professor	Pharmacology	
19	Dr. Poonam patel	Associate Professor	Pharmacology	
20	Dr. Akash Vishwe	Assist. Professor	Pharmacology	
21	Dr. V.K. Arora	Professor	Community Medicine	
22	Dr. Aarti Sahasrabuddhe	Professor	Community Medicine	
23	Dr. Sangeeta Kori	Associate Professor	Community Medicine	
24	Dr. Sudhir Mourya	Professor	Medicine	
25	Dr. B. Khanam	Associate Professor	Medicine	
26	Dr. Sangita Agrawal	Professor	Anesthesia	
27	Dr. R.S. Saluja	Professor	Orthopedics	
28	Dr. Parikshit Sharma	Professor	Skin & VD	
29	Dr. Kumud Julka	Professor	Radiology	
30	Dr. Supriya Mushriff	Assist. Professor	Ophthalmology	
31	Dr. Prem Nyoti	Professor	Pharmacology	Resource person
32	Dr. S.N. Banne	Professor	Physiology	Resource person
33	Dr. Swari Prashant	Professor	Paediatrics	Resource person
34	Dr. Rahul Tanwani	Professor	Surgery	Resource person
35	Dr. Romi Shrivastava	Associate Professor	Pathology	Resource person

  
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# Index

## INSTITUTE OF DENTAL SCIENCES

(Recognised by Dental Council of India  
& Ministry of Health & Family Welfare, New Delhi)

Constituent Unit of Malwanchal University, Indore



Ref. No. IIDS/MISC/FDP/2018/43

Date: 08<sup>th</sup> August 2018

### Circular

This is to bring to your kind notice, that the following FDP is going to be held in the month of September, 2018.

All concerned faculty members are requested to get themselves registered before 23<sup>rd</sup> August, 2018, with the course coordinator, Dr. Atul Kala and attend the same.


S.NO	TOPIC	TARGET GROUP	DATE
1	Managing Study, Stress and Mental Health at Teaching Institutions	Faculty Members	03-09-2018 to 09-09-2018

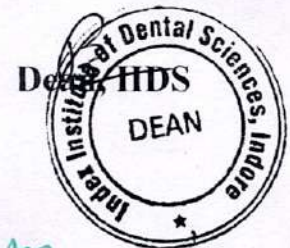
**Time-** 4:00pm to 5:00pm

**Venue-** Lecture Hall, Index Institute of Dental Sciences, Indore

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- PA to Registrar, Malwanchal University, Indore
- All HODs, Index Institute of Dental Sciences
- All notice board
- File

Prepared by: 



  
Registrar  
Malwanchal University  
Indore (M.P.)

**Campus :** Index City, NH-59A, Nemawar Road, District: Indore- 452016 (M.P.) Ph.: + 0731-4013700

**Email :** dental@indexgroup.co.in, **Website :** www.indexgroup.co.in

**City Office :** 104, Trishul Apartment, 5, Sanghi Colony, A.B. Road, Indore M.P. - 452008

## Instructor

**Dr. Satish Karandikar, BDS, MDS – Oral & Maxillofacial Surgery**

Having completed his post-graduation in 1984, he is one of the foremost pioneer maxillofacial surgeons of India, having multiple publications, patents and other clinical and academic accolades to his name.

**Dr. Bhoopendra Singh Rajput, BDS, MDS – Oral & Maxillofacial Surgery**

Having done his post-graduation from People's University, Bhopal in the field of Oral & Maxillofacial Surgery, he too holds an avid interest in spreading the recent innovations in academic educational practices, as well as in the clinical aspects in the discipline of dentistry.

## Scientific Committee:

Dr. Hemani Sukhija

Dr. Urvashi Tomar

Dr. Pranav Parashar

Dr. Atul Kala

## Contact us:

Address:  
Index Institute of Dental Sciences  
Index City, Nemawar Road, NH-59A,  
Indore, Madhya Pradesh 452016

## Course Details

**Date:** 03-09-2018 to 09-09-2018

**Time:** 4:00pm to 6:30pm

**Venue:** Lecture Hall, Index Institute of Dental Sciences

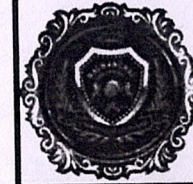
**Registration:** Free

**Eligibility:** Faculty members

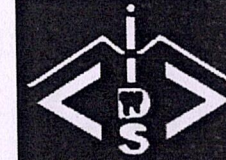
**Course Coordinator:** Dr. Atul Kala



*Atul Kala*  
Registrar  
Malwanchal University  
Indore (M.P.)

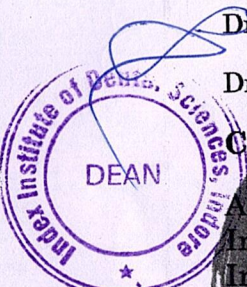


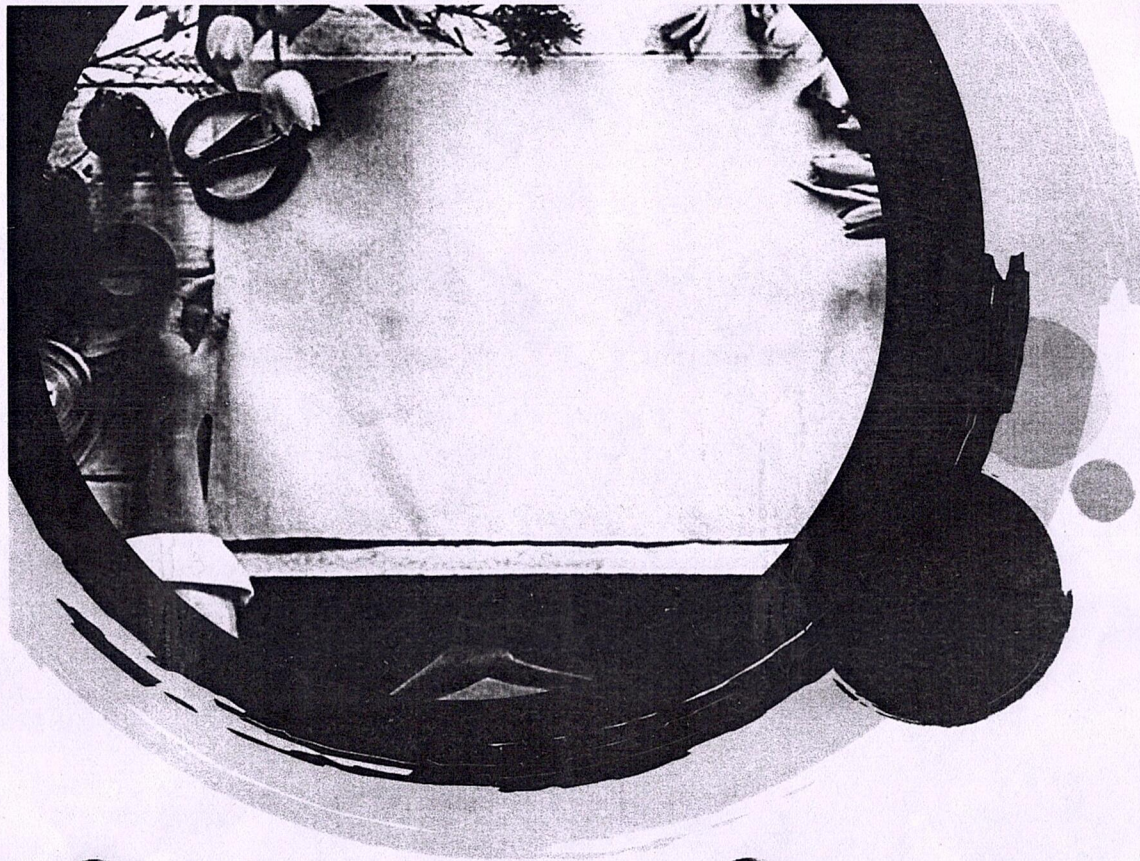
MALWANCHAL  
UNIVERSITY



*Index*

*Institute of Dental Sciences*  
Indore, Madhya Pradesh, India





## Course description

Develop a clearer understanding of what mental health is, and learn how best to recognize and respond to mental health concerns, such as negative thoughts and behaviors, in yourself and others.

This short course is developed in response to the growing need to provide students with the knowledge, skills, and understanding to recognize, identify and respond to mental health challenges in themselves and others.

## What you'll learn

In this course, you will:

- Develop a clearer understanding of what mental health is
- Learn how best to recognize and respond to mental health concerns, such as negative thoughts and behaviors, in yourself and others

## Syllabus

### Module 1: Mental fitness

By the end of this module, you will be able to:

- Explain what mental health is
- Identify and explain contributing factors to suicide and poor mental health
- Understand the impact of stress on mental health
- Understand your own mental fitness

### Module 2: Cognitive-behavioral strategies to increase mental fitness

By the end of this module, you will be able to:

- Explain why we worry
- Identify and explain contributing factors to negative thinking
- Understand how to apply the ABC model



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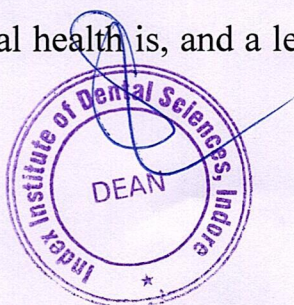
## INDEX INSTITUTE OF DENTAL SCIENCES

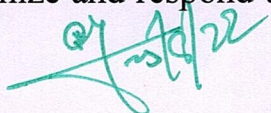
Date: 10<sup>th</sup> September, 2018

### Report for FDP - Managing Study, Stress and Mental Health at Teaching Institutions

The faculty professional development program titled “Managing Study, Stress and Mental Health at Teaching Institutions” has been conducted successfully from 03-09-2018 to 09-09-2018, at Index Institute of Dental Sciences, Indore. A total of 71 members from the faculty participated in the program. During the 7-day program, held keeping Teacher’s Day in purview, the major highlights were mental fitness and cognitive behavioral strategies that could be employed to increase mental fitness in a professional setting. The course was conducted under the able mentorship of Dr. Satish Karandikar, a very renowned oral & maxillofacial surgeon of the foremost generation, and a still more renowned academician himself with multiple accolades to his name. The program amassed huge applause for the highly motivating address from Mr. Mayank Bhadoriya, Vice Chairman, Index Group of Institutions on 5<sup>th</sup> September, on occasion of Teacher’s Day.

The chief aim of the course was to develop a clearer understanding of what mental health is, and a learning of how best to recognize and respond to mental



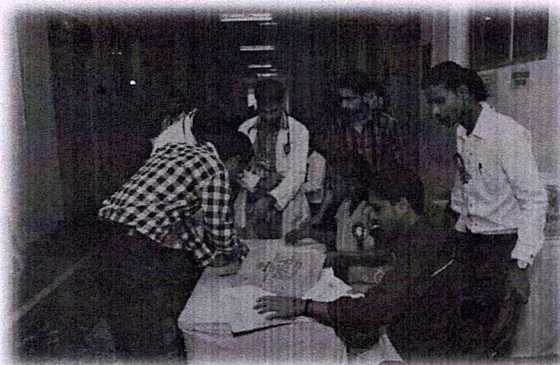
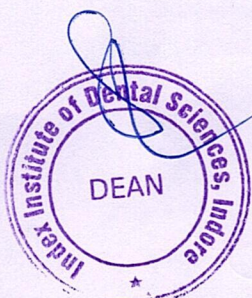
  
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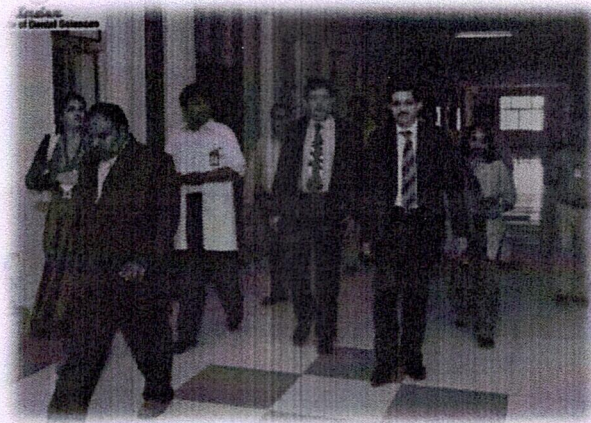
health concerns, such as negative thoughts and behaviors, in response to the growing need to provide students in professional institutions with the knowledge, skills, and understanding to recognize, identify and respond to mental health challenges in themselves and others.

Through the program, the participants learnt to appreciate major key points such as what mental health actually is, to identify and explain contributing factors to suicide and poor mental health, to understand the impact of stress on mental health, to understand mental fitness of the self. They also developed an understanding for the reason for worry and anxiety, to identify and explain contributing factors to negative thinking, and understand how to apply the ABC model for the redemption from the afore-mentioned health concerns.

The avid multi-directionally interactive nature of the whole conduct of the program, along with the enthusiastic participation from the audience clearly expressed the success of the whole program with a very encouraging closing speech from the honorable Dean, Dr. Priyank Banthia.

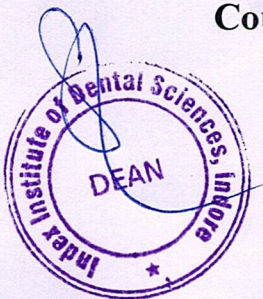


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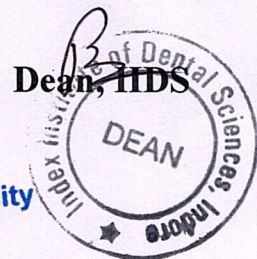
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Course Coordinator



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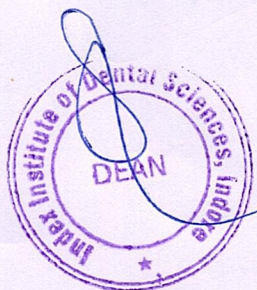
Date: 3rd to 9th September, 2018

### Attendance/ participation List for FDP- Managing Study, Stress and Mental Health at Teaching Institutions

1	Dr. Swathi Sudhapalli	37	Dr. Poonam Tomar Rana
2	Dr. Shilpi Gilra Gupta	38	Dr. Shruti Chauhan
3	Dr. Ravish Tongya	39	Dr. Akanksha Srivastava
4	Dr. Raveena Makker	40	Dr. Aditya Joshi
5	Dr. Rolly Shrivastav Agrawa	41	Dr. Brijesh Patel
6	Dr. Subhra Dey	42	Dr. Nitin Das
7	Dr. Deepti Pitalia	43	Dr. Shikha Krishnani
8	Dr. Kundendu Arya	44	Dr. Anuja Tongya
9	Dr. Dheeraj Sharma	45	Dr. Muntaha Khan
10	Dr. Mamta Singh	46	Dr. Gaurav Agrawal
11	Dr. Rahul Chhajlani	47	Dr. Mohd. Yusuf Noorul Islam
12	Dr. Magesh Kumar	48	Dr. Chakak Chadha
13	Dr. Rahul Maru	49	Dr. Monika Atal
14	Dr. Pallavi Singh	50	Dr. Latasha Bharude
15	Dr. Shikhar P. Chauhan	51	Dr. Ridhima Joshi
16	Dr. Rina Verma	52	Dr. Priyanka Choudhary
17	Dr. Ranjan Mani Tripathi	53	Dr. Vipul Deep Gupta
18	Dr. Rahul Ganavadiya	54	Dr. Khushbu Dubey
19	Dr. Shivakshi Chansoria	55	Dr. Vineeta Gupta
20	Dr. Anita Ganta	56	Dr. Ankita Parashar
21	Dr. Prerna Raje Batham	57	Dr. Malika Meenakshi
22	Dr. Mukesh Gupta	58	Dr. Neha Singh Jhala
23	Dr. Bhuwan Saklecha	59	Dr. Sakshi Verma
24	Dr. Arun Kumar Ashahiya	60	Dr. Reema Garg
25	Dr. Rahul Razdan	61	Dr. Swati Singh
26	Dr. Purva Sharma	62	Dr. Pankaj Choudhary
27	Dr. Kuldeep Singh Rana	63	Dr. Anku Patel
28	Dr. Sohini Jain	64	Dr. Abhijeet Singh
29	Dr. Nikit Agrawal	65	Dr. Ketan Airen
30	Dr. Rinku Saini Jagnade	66	Dr. Aaditya Sokal
31	Dr. Darpan Nenava	67	Dr. Shivani Choudhary
32	Dr. Divya Doneria	68	Dr. Arpita Pathak
33	Dr. Bhuvnesh Airen	69	Dr. Stuti Agrawal
34	Dr. Rashmi Rai	70	Dr. Palak Borade
35	Dr. Sonam Gupta	71	Dr. Mohd. Yakub Choudhary
36	Dr. Khushboo Kothari		

  
Course Coordinator

  
Registrar  
Malwanchal University  
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Dr. Ketan Airen



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**Dr. Ketan Airen**

for successfully completing the faculty development program on  
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Institutions conducted at Index Institute of Dental Sciences,  
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A blue ink signature of the Dean, Index Institute of Dental Sciences, Indore.

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Dr. Abhijeet Singh



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Dr. Anku Patel



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Dr. Pankaj Choudhary



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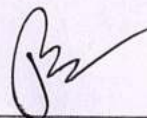
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Dr Swati Singh



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Dr. Reema Garg



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A blue ink signature of the Registrar of Malwanchal University, Indore (M.P.).

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Dr. Sakshi Verma



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Dr.Neha Singh Jhala



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A blue ink signature of the Dean of IIDS, Indore.

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A green ink signature of the Registrar of Malwanchal University, Indore (M.P.).

Registrar  
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Indore (M.P.)

Dr. Malika Meenakshi



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Dr. Ankita Parashar



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**Dr. Ankita Parashar**

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A blue ink signature is written over a horizontal line.

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Dr. Darpan Nenava



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Malwanjal University

Dr. Rinku Saini Jagnade



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Dr. Nikit Agrawal



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Indore from 03/09/2018 to 09/09/2018.



A handwritten signature in black ink, likely belonging to the Dean of IIDS, Indore.

DEAN - IIDS, INDORE

A handwritten signature in green ink, likely belonging to the Registrar of Malwanchal University, Indore.

Registrar  
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Dr. Sonam Gupta



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Dr. Mohd. Yakub Choudhary



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Dr. Palak Borade



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Dr. Stuti Agrawal



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Dr. Arpita Pathak



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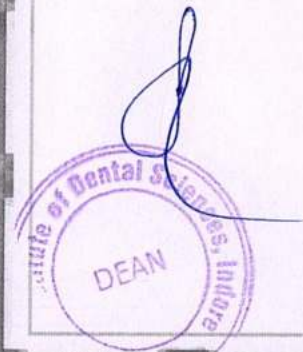


# CERTIFICATE

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Dr. Shivani Choudhary



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Dr. Aditya sokal



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Dr. Sohini Jain



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Dr. Kuldeep Singh Rana



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Dr. Purva Sharma



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Dr. Rahul Razdan



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Dr. Arun Kumar Ashahiya



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Dr. Bhuwan Saklecha



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Dr. Mukesh Gupta



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Dr. Prerna Raje Batham



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Dr. Anita Ganta



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Dr. Shivakshi Chansoria



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Dr. Rahul Ganavadiya



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Dr. Ranjan Mani Tripathi



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Dr.Rina Verma



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Indore from 03/09/2018 to 09/09/2018.



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Indore (M.P.)

Dr. Shikhar P. Chauhan



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Dr. Pallavi Singh



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Dr. Rahul Maru



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A blue ink signature of the Dean, positioned above a horizontal line.

DEAN - IIDS, INDORE

The logo of Malwanchal University, Indore (M.P.), featuring a stylized green and blue emblem above the text "Registrar Malwanchal University Indore (M.P.)".

Dr. Magesh Kumar



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Dr. Rahul Chhajlani



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Dr. Mamta Singh



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Dr Utpal Muzumdar



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Dr.Dheeraj Sharma



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Dr. Kundendu Arya



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Dr. Deepti Pitalia



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Dr. Subhra Dey



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Dr. Rolly Shrivastav Agrawal



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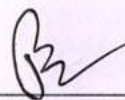
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Dr Raveena Makker



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Dr. Ravish Tongya



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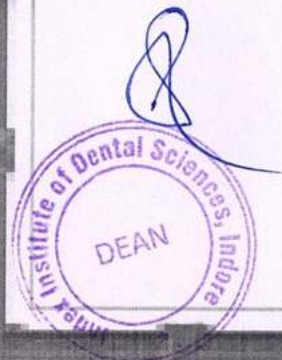


# CERTIFICATE

This certificate is awarded to

**Dr. Ravish Tongya**

for successfully completing the faculty development program on  
the topic Managing Study, Stress and Mental Health at Teaching  
Institutions conducted at Index Institute of Dental Sciences,  
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A blue ink signature of the Dean, Index Institute of Dental Sciences, Indore.

DEAN - IIDS, INDORE

A green ink signature of the Registrar, Malwanchal University, Indore (M.P.).

Registrar  
Malwanchal University  
Indore (M.P.)

Shilpi Gilra Gupta



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Dr. Vineeta Gupta



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Dr. Khushbu Dubey



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Dr. Vipul Deep Gupta



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A handwritten signature in blue ink, likely belonging to the Dean of the Index Institute of Dental Sciences.

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Dr. Priyanka Choudhary



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Dr. Latasha Bharude



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Dr. Monika Atal



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A blue ink signature of the Dean.

DEAN - IIDS, INDORE

A green ink signature of the Registrar.

Registrar  
Malwanchal University  
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Dr. Chahak Chadha



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Dr. Mohd. Yusuf Noorul Islam



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**Dr. Mohd. Yusuf Noorul Islam**

for successfully completing the faculty development program on the topic Managing Study, Stress and Mental Health at Teaching Institutions conducted at Index Institute of Dental Sciences, Indore from 03/09/2018 to 09/09/2018.



A blue ink signature of the Dean, Index Institute of Dental Sciences, Indore.

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Dr. Gaurav Agrawal



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Dr. Khusboo Khothari



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Dr. Muntaha Khan



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Dr. Anuja Tongya



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Dr. Shikha Krishnani



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Dr. Nitin Das



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Dr. Brijesh Patel



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Dr. Aditya Joshi



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Dr. Akansha Srivastava



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Dr. Sruti Chauhan



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Dr. Poonam Tomar Rana



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Dr. Rashmi Rai



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Dr Bhuvnesh Airen



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Dr. Devya Doneria



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A blue ink signature of the Dean.

DEAN - IIDS, INDORE

A green ink signature and a green stamp. The stamp contains the text "Registrar" and "Jiwaji University" with a stylized logo above the text.

Dr. Sonam Gupta



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# INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)

Constituent Unit of Malwanchal University, Indore (M.P.)



Ref. No. INC/PO/2018/116/B

Date- 01/09/2018

## CIRCULAR

We are pleased to inform you that Index Nursing College, Indore is conducting five day faculty Development Program on "Electric vehicle technologies" from 03<sup>rd</sup> to 07<sup>th</sup> September 2018 at College class room.

All the faculties are requested to attend the same.

Please refer to the enclosed brochure for more details.

Principal

INDEX NURSING COLLEGE  
INDORE (M.P.)  
Organizing Chairperson

**Dr. Jinu K. Rajan**

**Principal, Index Nursing College**

### Copy to:-

- Registrar
- All concerned authority
- File

Principal  
INDEX NURSING COLLEGE  
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Registrar  
Malwanchal University  
Indore (M.P.)



# Malwanchal University

Index Nursing College



## TRAINING OBJECTIVES

- Explaining hospital discharge, Its types, including DAMA
- Planning and steps involves in Discharge
- Nurses role and responsibility in discharge process
- Re counseling of medicine and follow up care.

*Dr. J. K. Rajan*  
Principal

INDEX NURSING COLLEGE  
INDORE (M.P.)

## Concept

Discharge process by which a patient is shifted out from the hospital with all concerned medical summaries ensuring stability

The discharge process is deemed to have started when the consultant formally approves discharge and ends with the patient leaving the clinical unit

Patient still receive care after leaving the hospital

After discharge, person go through a transition of care and different level of medical care outside of the hospital, including re-counseling of medicine, and follow up care.



## Modules

- I Discharge process
- II Types of discharge process
- III Purposes and planning of discharge
- IV Various hospital procedures for discharge process.
- V Re-counseling of medicine, and follow-up care
- VI What is DAMA (discharge against medical advice), and consent for DAMA
- VII Medico-legal consideration for DAMA
- VIII Nurses responsibility in discharge process.

## Eligibility – staff of Index nursing college

Start Date: 02/08/2018- 07/08/2018

Schedule : THURSDAY – TUESDAY (9pm – 4pm)

Venue: Index nursing college

Trainer:

Training coordinator

Registration date: 01/08/2018

Organizing Chairperson

Dr. Jini K. Rajan

Principal, Index Nursing College

Registration details -Registration is free

For Registration contact

Prof. Payal sharma, INC-9179261246



# INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)  
Constituent Unit of Malwanchal University, Indore (M.P.)



## FACULTY DEVELOPMENT PROGRAMME FOR TEACHING STAFF ON ELECTRIC VEHICLE TECHNOLOGIES

### Overview

Index nursing college affiliated to Malwanchal University organized faculty development programme for teaching staff on “**ELECTRIC VEHICLE TECHNOLOGIES**” from 03<sup>rd</sup> to 07<sup>th</sup> September 2018 under the guidance of Dr. Jinu K. Rajan, Principal, Index Nursing College and with the blessings of Shri. Suresh Singh Bhadoria, Chairman, Index Group of Institutions.


### Course outline:


An electric vehicle (EV) is an automotive vehicle that uses one or more electric motors for propulsion.

Electric motors are mechanically very simple and often achieve 90% energy conversion efficiency over the full range of speeds and power output and can be precisely controlled.

The program was organized for three days and the timings were from 2:00 am to 4:00pm. The first day session was started with registration at 2:00am. This was followed by inaugural ceremony. The Chief Guest was Mr. Mohit Gupta, Escher Motors, Indore, M.P. The inauguration session was started with lighting the lamp by the chief guest with the Principal and Organizing Secretary. After lamp lighting, welcome speech was delivered by Miss laxmi pawar, tutor/clinical instructor. This was followed by a break of 15 minutes. The first educative session was given by the chief guest, Mr. Mohit Gupta, Escher Motors, on “Introduction to ELECTRIC VEHICLE TECHNOLOGIES”. In the session she discussed about the ELECTRIC VEHICLE the session was very effective. The session was followed by lunch break.

The second session was started at 1:00 pm and work stations were organized by Mrs. Berlin Sara Thampy, Associate Professor, Mr. Manu K. Assistant Professor, MHN Department, Index

  
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College Address : Gram Morodhat, Nemawar Road, Post. Bavlia Khurd, Dist., INDORE - 452 016 (M.P.), Ph. : 0731- 4013751

E-mail : nursing@indexgroup.co.in • Visit us : www.indexgroup.co.in

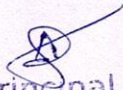
City Office : 104, Trishul Apartment 5, Sanghi Colony, A.B. Road, INDORE -08, Ph. : 0731-4215757, Fax : 0731-4044715


Nursing College & Mr. Jitendra Chicholkar, Assistant Professor, Index Nursing College on "ELECTRIC VEHICLE TECHNOLOGIES". Training programme was started, topic was introduced to staff. Introductory class first day session was wound up at 4:00pm.

On the second day the first session was given by Dr. Jinu K. Rajan, Principal Index Nursing College on "ADVANCEMENT IN ELECTRIC VEHICLE TECHNOLOGIES" in which staff were educated about internal transferring of patient. The session was followed by a break of 15 minutes. The second session of the day was on "THE FUTURE OF ELECTRIC VEHICLE" and the speaker was Dr. Reena Thakur, Professor, Index Nursing College and, The session was followed by lunch break. The afternoon session was headed by Mr. Manu K. Assistant Professor, MHN Department, Index Nursing College & Mr. Jitendra Chicholkar, Assistant Professor, Index Nursing College and they co-ordinate on understanding "ENVIRONMENTAL ASPECT". The second day session was wound up at 4:00 pm.

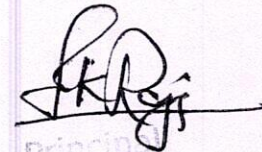
On the third day, the first session was given by Mr. Manu K. Assistant Professor, MHN Department, Index Nursing College on "POLLUTER PAYS PRINCIPLES". The session was followed by a break of 15 minutes. The second session of the day was on "CHARGING STATION AND BATTERY SWAPPING" and the speaker was Dr. Payal Sharma, Professor and HOD, MHN Department, Index Nursing College. The session was followed by lunch break. The afternoon session was headed by Mr. Jitendra Chicholkar, Assistant Professor, Index Nursing College on "ELECTRIC PUBLIC TRANSIT EFFICIENCY". The third day session was wound up at 4:00 pm.

On the fourth day, the first session was given by DR. Reena thakur, Professor, Index Nursing College on "BATTERY MANAGEMENT INTERMEDIATE STORAGE". The session was followed by break of 15 minutes. The second session of the day was on "HYBRID AND PURE ELECTRIC VEHICLE" and the speaker was Mr. Manu K. Assistant Professor, MHN Department, Index Nursing College The session was followed by lunch break. The afternoon session was headed by Mr. Jitendra Chicholkar, Assistant Professor, Index Nursing College on "ENERGY RESILIENCE AND ENERGY EFFICIENCY". The fourth day session was wound up at 4:00 pm.

  
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INDORE (M.P.)

  
Registrar  
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On the fifth day, the first session was given by Mr. Manu K. Assistant Professor, MHN Department, Index Nursing College on "TRAFFIC, AIR POLLUTION AND HEALTH". The session was followed by a break of 15 minutes. The second session of the day was on "ELECTRIC VEHICLE CHARGING WITHIN SMART CITIES" and the speaker was Dr. Payal Sharma, Professor and HOD, MHN Department, Index Nursing College. The session was followed by lunch break. The afternoon session was headed by Mr. Jitendra Chicholkar, Assistant Professor, Index Nursing College on "MARKET INTRODUCTION OF ELECTRIC VEHICLE TO URBAN AREAS". Public speaking session was effectiveness of the program. The program was concluded by a valedictory session. Miss Laxmi Pawar, tutor/clinical instructor proposed vote of thanks to all the speakers, organizers and the delegates. The fifth day session was winded up at 4:00 pm. The program was a great success with the hard work of all the organizers.




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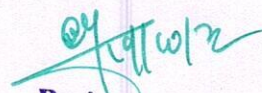
**Dr. Jitu K Rajan**

**Principal**

**Index Nursing College**



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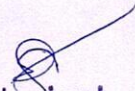



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## ATTENDANCE SHEET (2018)

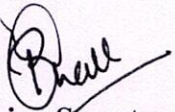
S.No.	Name of Faculty
1	Mr. Dr. Jinu K Rajan
2	Mr. Aslam Khan
3	Mrs. Y.D. Stella
4	Mrs. L. Tamphasana
5	Mrs. Aline Upadhyay
6	Mr. Shiekh Javed Khan
7	Mrs. Reena Thakur
8	Ms. Anu V. Kumar
9	Thounaojam Bidyani Devi
10	Mrs. Payal Pawar
11	Mr. Jitendra Chicholkar
12	Ms. Berlin Sara Thampy
13	Mr. Manu K.
14	Mr. Jineesh C R
15	Mr. Rajesh Prajapat
16	Miss. Neha Jaitpuri
17	Miss. Manjula Thakur
18	Miss. Jayshree V
19	Mr. Sachin Ambade
20	Mr. Sachin Suneri
21	Mr. Manoj Prajapati
22	Mr. Hariom Yadav
23	Mr. Chandrakant Shrimal
24	Miss. Krishna Sharma
25	Mr. Satyanarayan Sisodiya
26	Mr. Ankit Jacob
27	Mr. Adarsh Garg
28	Mr. Ijlal Hussian

  
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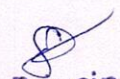
  
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29	Mr. Firoz Pathan
30	Mr. Josemon Sunny
31	Mr. Dilip Bhati
32	Miss. Devkanya Goyal
33	Miss. Niranjana Chouhan
34	Mr. Pushpa Bhuriya
35	Mrs. Sangeeta Saini
36	Miss. Krishna Permar
37	Miss. Merlyn George
38	Pooja Burman
39	Miss. Sunita Shakya
40	Mr. Ravi Bunkar
41	Mr Sunil Jadhav
42	Miss Shahina Mewati
43	Mr. Vikas Jaiswal
44	Mr. Fazluddin Pathan
45	Mr. Abhilash Kolare
46	Mr Hariom Vimal
47	Miss Janki Patidar
48	Miss. Soniya Bhuriya
49	Miss. Deepika Sanwale
50	Miss. Anjali Sisodiya
51	Miss. Chanda Kouchale
52	Miss. Sophiya Das
53	Mr. Kamal Salve
54	Mr. Anil Saryam
55	Miss. Namita Mandal
56	Miss. Laxmi Chaturvedi
57	Miss. Laxmi Pawar
58	Miss Usha Pawar
59	Miss. Usha Khadiya
60	Miss. Basanti Singadiya
61	Miss. Deepika Ghosare
62	Miss. Pritibala Khade
63	Mr. Subhash Permar
64	Mr. Rajesh Yadav

  
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This is certify Ms. Berlin Sara Thampy ,Index Nursing College ,Indore attended the Faculty Development Program on “**Electric Vehicle Technologies**” from 03<sup>rd</sup> September 2018 to 07<sup>th</sup> September 2018.

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**Organizing Chairperson**

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This is certify Mr. Jineesh C R ,Index Nursing College ,Indore attended the Faculty Development Program on “**Electric Vehicle Technologies**” from 03<sup>rd</sup> September 2018 to 07<sup>th</sup> September 2018.

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This is certify Mr. Rajesh Prajapat ,Index Nursing College ,Indore attended the Faculty Development Program on “**Electric Vehicle Technologies**” from 03<sup>rd</sup> September 2018 to 07<sup>th</sup> September 2018.

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This is certify Miss. Neha Jaitpuri ,Index Nursing College ,Indore attended the Faculty Development Program on “**Electric Vehicle Technologies**” from 03<sup>rd</sup> September 2018 to 07<sup>th</sup> September 2018.

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This is certify Miss. Manjula Thakur ,Index Nursing College ,Indore attended the Faculty Development Program on “**Electric Vehicle Technologies**” from 03<sup>rd</sup> September 2018 to 07<sup>th</sup> September 2018.

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This is certify Miss. Jayshree V ,Index Nursing College ,Indore attended the Faculty Development Program on “**Electric Vehicle Technologies**” from 03<sup>rd</sup> September 2018 to 07<sup>th</sup> September 2018.

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This is certify Mr. Sachin Ambade ,Index Nursing College ,Indore attended the Faculty Development Program on “**Electric Vehicle Technologies**” from 03<sup>rd</sup> September 2018 to 07<sup>th</sup> September 2018.

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This is certify Mr. Sachin Suneri ,Index Nursing College ,Indore attended the Faculty Development Program on “**Electric Vehicle Technologies**” from 03<sup>rd</sup> September 2018 to 07<sup>th</sup> September 2018.

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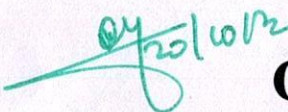


This is certify Mr. Manoj Prajapati ,Index Nursing College ,Indore attended the Faculty Development Program on “**Electric Vehicle Technologies**” from 03<sup>rd</sup> September 2018 to 07<sup>th</sup> September 2018.

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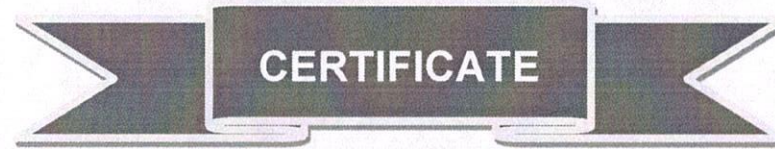


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This is certify Mr. Hariom Yadav ,Index Nursing College ,Indore attended the Faculty Development Program on “**Electric Vehicle Technologies**” from 03<sup>rd</sup> September 2018 to 07<sup>th</sup> September 2018.

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This is certify Mr. Chandrakant Shrimal ,Index Nursing College ,Indore attended the Faculty Development Program on “**Electric Vehicle Technologies**” from 03<sup>rd</sup> September 2018 to 07<sup>th</sup> September 2018.

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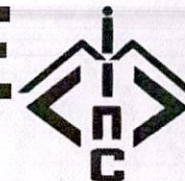
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This is certify Miss. Krishna Sharma ,Index Nursing College ,Indore attended the Faculty Development Program on “**Electric Vehicle Technologies**” from 03<sup>rd</sup> September 2018 to 07<sup>th</sup> September 2018.

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This is certify Mr. Satyanarayan Sisodiya ,Index Nursing College ,Indore attended the Faculty Development Program on “**Electric Vehicle Technologies**” from 03<sup>rd</sup> September 2018 to 07<sup>th</sup> September 2018.

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CERTIFICATE

This is certify Thounaojam Bidyani Devi ,Index Nursing College ,Indore attended the Faculty Development Program on “**Electric Vehicle Technologies**” from 03<sup>rd</sup> September 2018 to 07<sup>th</sup> September 2018.

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Index Department of Physiotherapy and Paramedical Sciences  
Malwanchal University, Indore





## Certificate of Participation


This is to certify that

**Dr. Reshma Khurana**

has participated in the Faculty Development Programme on  
"UNDERSTANDING THE LEARNER"  
from 18/09/2018 to 22/09/2018  
Credit hours- 5 hours

  
Resource Person  
Dr. Neelam Hingaurani

  
Registrar  
Malwanchal University  
Indore (M.P.)

  
Principal  
Paramedical Courses



Index Department of Physiotherapy and Paramedical Sciences  
Malwanchal University, Indore



## Certificate of Participation

This is to certify that

**Dr. Shobhit Tiwari**

has participated in the Faculty Development Programme on  
"UNDERSTANDING THE LEARNER"

from 18/09/2018 to 22/09/2018

Credit hours- 5 hours

Resource Person  
Dr. Neelam Hingaurani

Registrar  
Malwanchal University  
Indore (M.P.)

Principal  
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## Certificate of Participation

This is to certify that

**Dr. Ravindra Kohle**

has participated in the Faculty Development Programme on  
"UNDERSTANDING THE LEARNER"

from 18/09/2018 to 22/09/2018

Credit hours- 5 hours

Resource Person  
Dr. Neelam Hingaurani

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Index Department of Physiotherapy and Paramedical Sciences



Malwanchal University, Indore

## Certificate of Participation

This is to certify that

**Dr. Abhishek Rajoriya**

has participated in the Faculty Development Programme on  
"UNDERSTANDING THE LEARNER"

from 18/09/2018 to 22/09/2018

Credit hours- 5 hours

Resource Person  
Dr. Neelam Hingaurani

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Malwanchal University, Indore



## Certificate of Participation

This is to certify that

**Dr. Reshma Khurana**

has participated in the Faculty Development Programme on  
"INTERACTIVE LECTURE or BOON & BANE"  
from 12/11/2018 to 16/11/2018  
Credit hours - 5 hours

Dr. Sudha Shrivastav  
Resource Person

  
Registrar  
Malwanchal University  
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# INDEX

## Department of Physiotherapy & Paramedical Sciences

Program On – Faculty Development Program on Interactive lecture -Boon or Bane

Date -12/11/2018-16/11/2018

Venue – Index Department Of Physiotherapy and Paramedical Science, Indore

Resource Person -Dr SudhaShrivastav

Five days on interactive lecture bone or bane workshop was organised by Index Department Of Physiotherapy and Paramedical Sciences, Malwanchal University, Indore on 12/11/2018-16/11/2018

The workshop was successful done under the guidance of Dr SudhaShrivastav

### INTRODUCTION

In COVID-19 situation, 500 million students have been affected. All schools and colleges have been shut down.

- Online learning has come to the rescue of these students in a virtual world.
- Does new media actually have better teaching standards when compared to classroom education?

This indeed has become a debatable topic over the past few months as

every single thing has its own pros and cons, similarly online learning has its pros and cons Advantages of online learning Flexibility

The nuiabantage of online education is in desibility. A dent can adjust his study is a per hir own neuk One can study indoor or ound, in a mom while mavellingi also saves timu, energy or money of maling a specific destination no attain knowledge

(Wider choice of courses and subjects Is online education, in free choose his own combinations of subjects regardless of the

percentage toquined for king up that particular sulcet

One on even take up kombination as a science with psychology or commeres with mass common fearless of the face that impone might jalge them for the dices. Underused data fastdent to not has the tinienamalay down itongs while studying online, be can always save the page of cometh it in a documen and di

Une in radial class where the manner as cr from the brand vence the teacher in finished teaching can always refer to what he or she has studied previously line by simply clicking on the fury of the site

No language barriers

Serling education in mladen of the macular anges, there are mange barriers.

One is free learn new things in the sun mother unge as well.



They are not bound understand a particular latte in onder follow the text, they can read the  
estridenda in whichever langes they please, shis goes them self-pride and  
confidence in themselves

### **Drawbacks of online learning**

No face to face interaction

- fble that we murrer what we setually see or mad when we do not find somebody actually explain out to A single pomeration error changes the rest meaning of the entire sentence and at said half and the improper information is even mon harmful than no information

Hem, face feraction is very important for proper caring

No time commitment

Since there is no one to inspect them studying they might just not complete their work and leave it unfinished further harming their own selves in the long run Higher dropout rate

- There will not be any particular mentor for the students to keep a track record on their progress and solve their doubts effectivels

At places, where online education is difficult to reach, they might just drop out of the schools

Technological challenges

- Online learning is helpful to only those students who have access to a proper internet connection and have devices such as laptop and computers

Students without it cannot rely on online learning

No regularity or discipline As the adems are five from the regulations and boundaries of a proper classnamemimamunt, la is quite obvious that the curriculum will not be mined the way should be

They might not study the materials in a soutinemommer and may start taking things lights. There ar

high chances that the stalem might get disractal while learning online

### **Conclusion**

As we are sure of the World Pandemic of Coins, the demand for online learning has surged up Many institutions who have proper resources have gone online us take classes. But in a country like India, where internet connection is not available everywhere, not everyone is benefited with such sources so that they can go digital.

There are many students who do not have a laptops, internet connection and money to even buy that It totally depends on one's personal opinion as to what is more convenient for him/her the old



# INDEX

## Department of Physiotherapy & Paramedical Sciences

**Title** – 5 days training on faculty development program on understanding the learner

**Date** -18/09/2018 - 22/09/2018

**Venue** – Index Department Of Physiotherapy and Paramedical Science, Indore

**Resource Person** -Dr. Neelam Hingorani

**“I am always ready to learn, although i do not always like being taught”**

Five days faculty development program was organised by Index Department Of Physiotherapy and Paramedical Sciences, Malwanchal University, Indore on 18/09/2018 - 22/09/2018. The workshop started with the lightening of the lamp, in which Dr. Reshma Khurana, Principal, Index Department Of Physiotherapy and Paramedical Science, Resource Person, Dr. Neelam Hingorani and all the faculty members of the institution were present.

### HEADINGS COVERED -

- faculty development
- Online teaching
- Adult learning theory
- Transformative learning theory
- Action research
- Reflection
- Teaching changes
- 

### Day-1 training (18/09/2018)

- Introduction
- What is learning?
- Nature of learning m
- Learning and related concepts
- learning and maturation
- learning and teaching
- learning and imprinting

### INTRODUCTION

What is learning and what is not? This unit starts with finding the answers of these questions while discussing the concept of learning. As a teacher you will come across questions like, how does learning take place? what are the guiding principles of learning? etc. Along with it, learning needs to be differentiated from various related concepts like, maturing, teaching, imprinting, etc. The present unit discusses the various dimension of learning which help a teacher to achieve a major goal of education i.e. to enhance learning. Discussion on various modes of learning will help you in planning learning experiences. In order to facilitate learning, an understanding of the concepts like transfer of learning, various learning styles and pace of learning are also very important to understand for a teacher. This unit will discuss all these in brief



## WHAT IS LEARNING

What is learning? Answer to this question has been attempted by psychologists and educationists. Learning is not something that takes place within the boundaries of a classroom; rather it takes place anywhere, anytime and from anyone. Traditional Indian Literature has examples where people learnt from trees, mountains, rivers, insects, etc.

## NATURE OF LEARNING

Learning occupies a very important place in our life. It provides a key to the structure of our personality and behaviour. Experience, direct or indirect, plays a very important and dominating role in moulding and shaping the behaviour of the individual from the very beginning. When a child touches a hot pan and gets burnt, she immediately withdraws her/his hand and learns to touch such vessels carefully. She concludes that if one touches a hot vessel, one gets burnt.

### Day- 2 training (19/09/2018)

#### 1. DIMENSIONS OF LEARNING

Dimensions of learning is a comprehensive model that uses what researchers and theorists know about learning to define the learning process. Their premise is that five types of thinking – i.e. five dimensions of learning- are essential to successful learning. These five dimensions of learning are:

- a) Attitudes and Perceptions
  - b) Acquire and Integrate Knowledge
  - c) Extend and Refine Knowledge
  - d) Use Knowledge Meaningfully
  - e) Habits of Mind
2. Learning as a psychological construct and social construct
  3. Learning styles

### Day- 3 training (20/09/2018)

- Pace of learning
- Modes of learning
- learning of observation
- learning of imitation
- learning of trial and error
- learning of insight

### Day- 4 training (21/09/2018)

- Transfer of learning
- Meaning and nature of transfer of learning
- Types of transfer of learning
- Classroom implications

### Day- 5 training (22/09/2018)

- Let us sum up
- Unit-end exercises

The main purpose of this program is to teach faculties this latest system of physiotherapy. Certificate were distributed to all the facilities.

The workshop was successfully conducted under the guidance of Dr. Neelam Hingorani. The workshop ended by Vote of thanks by Dr. Shivi Trivedi and presenting mementos to Dr. Neelam Hingoran

